



Winter Qualifying Club Nights 2023

Date	Swim Choice 1			Swim Choice 2			Swim Choice 3		
26/4/23	25m Freestyle	50m Freestyle	100m Freestyle	25or 50m Backstroke	100m Individual Medley	200m Individual Medley	25m Butterfly	50m Butterfly	100m Butterfly
10/5/23	25m Breaststroke	50m Breaststroke	100m Breaststroke	25m Backstroke	50m Backstroke	100m Backstroke	25m Freestyle	50m Freestyle	100m Freestyle
24/5/23	25m Butterfly	50m Butterfly	200m Butterfly	25 or 50m Breaststroke	100m Individual Medley	200m Individual Medley	25m Freestyle	50m Freestyle	400m Freestyle
21/6/23	25m Backstroke	25m Backstroke	200m Backstroke	25m Butterfly	50m Butterfly	100m Butterfly	25m Freestyle	50m Freestyle	100m Freestyle
7/6/23	25m Breaststroke	50m Breaststroke	25m Freestyle	50m Freestyle	25m Backstroke	50m Backstroke	25m Butterfly	50m Butterfly	
5/7/23	25m Freestyle	50m Freestyle	100m Freestyle	25or 50m Butterfly	100m Individual Medley	200m Individual Medley	25m Breaststroke	50m Breaststroke	100m Breaststroke
19/7/23	25m Freestyle	50m Freestyle	200m Freestyle	25m Backstroke	50m Backstroke	200m Backstroke	25m Butterfly	50m Butterfly	200m Butterfly
2/8/23	25m Breaststroke	50m Breaststroke	25m Freestyle	50m Freestyle	25m Backstroke	50m Backstroke	25m Butterfly	50m Butterfly	
16/8/23	25m Backstroke	50m Backstroke	200m	25m Butterfly	50m Butterfly	100m Butterfly	25m Freestyle	50m Freestyle	100m Freestyle
30/8/23	25m	50m	100m	25m Freestyle	50m Freestyle	200m Freestyle	25m Butterfly	50m Butterfly	100m Butterfly
13/9/23	25m Backstroke	100m Individual Medley	200m Individual	25m Breaststroke	50m Breaststroke	100m Breaststroke	25m Freestyle	50m Freestyle	100m Freestyle